

Destiny Worksheet

Discovering God's Pattern and Purpose for Your Life

Introduction & Contents

This journey is about exploring eight key areas with God.

What you learn in one will often confirm or expand what you learn in another. As you listen, discern, and reflect, God's unique blueprint for your life will begin to emerge more clearly.

01. Environment

Where and with whom has God called you to walk out your purpose?

02. Mission

How has God called you to make a difference in the world?

03. Core Competencies

What life experiences and skills has God equipped you with?

04. Anointing Assumptions

What spiritual gifts has God placed in you to fulfil your calling?

05. Core Values

What convictions or causes stir your heart deeply?

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What do your community and peers affirm about who you are?

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What prophetic insights have been spoken over your life, work, or organisation?

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What is God saying directly to you in this season?

01. Environment

Where and with whom has God called you to walk out your purpose?

External Environment

This refers to the physical, social, or conceptual space God is leading you into.

- Is it a geographical location or a cultural domain (like education, media, business)?
- Is your calling local, regional, national, or global?
- What are the specific boundaries of the place or sphere God is showing you?
- Don't rely on trends or opinions—seek God's direction through prayer and revelation.

If you're called to trade with Africa,
ask God: Where specifically? A
nation, city, or economic region?
Where do you begin?

01. Environment

Where and with whom has God called you to walk out your purpose?

Internal Environment

This focuses on the systems, people, and technologies involved in your destiny journey.

- Who is your audience or market?
- Who are your customers—and why?
- What communication or technology platforms should you use?
- Are you building a new team or joining an existing one?
- What kind of team culture or ethos is needed?
- What skills and qualities does this environment require?
- Are you working in a central location or across multiple places?

02. Mission

How has God called you to make a difference in the world?

This is the 'what' and 'why' of your calling.

- What product, service, or initiative are you to offer?
- What outcomes are you aiming for?
- What is God's purpose in your mission? What Kingdom impact will it have?
- How will it influence people, places, and systems?

God may give you a vision for educational transformation and a mission to start a school in a village-specific, actionable, and transformative.

03. Core Competencies

What life experiences and skills has God equipped you with?

These are the practical, everyday abilities that God has cultivated in you through work, home life, hardship, or joy.

- What skills or wisdom have I gained through life so far?
- How is God using my current season to sharpen or add to these?
- What do I naturally do well—even in informal settings?

Your competencies are valid, even if you're a student, unemployed, or a stay-at-home parent. Nothing is wasted in God's preparation.

04. Anointing Assumptions

What spiritual gifts has God placed in you to fulfil your calling?

Your anointings aren't limited to church settings—they are powerful in the marketplace, community, and family.

- What gifts (e.g., encouragement, prophecy, wisdom, leadership) are evident in your life?
- Where do these gifts naturally operate—in meetings, friendships, business?
- Are there new gifts God is stirring up in you?

Work with God to identify and develop your gifts over time.

05. Core Values

What convictions or causes stir your heart deeply?

Core values are the issues you care so deeply about that you are willing to take a stand for them.

For example:

- Justice for the poor
- Integrity in leadership or finance
- Fair access to education
- Media truthfulness or moral clarity

These values often point directly toward your purpose.

06. What Do Others See in You?

What do your community and peers affirm about who you are?

- What do others consistently say you're good at?
- What strengths show up at work, church, and home?
- Are you seen as strategic? Creative? Compassionate? Entrepreneurial?

Gather feedback from people you trust, including your:

1. Spiritual leader
2. Peers – such as a colleague at work
3. A family member
4. A close friend

Consider gathering feedback from people you trust—they can reflect God's insight to you. Get each person to answer each question with a paragraph.

07. Prophetic Words

What prophetic insights have been spoken over your life, work, or organisation?

Prophetic words are gifts from God to encourage and direct, but they must be interpreted with wisdom.

- Do you understand the context and timing?
- Are they conditional or seasonal?
- Have you journaled and prayed into them?

Work with God to identify and develop your gifts over time.

08. Other Words from God

What is God saying directly to you in this season?

- What are You saying about my purpose right now?
- What season am I in—preparation, waiting, healing, building?
- What steps do I need to take today?

If you're not hearing anything specific, ask Him why. God loves to lead His children—and His silence can be just as purposeful.

Checking for Alignment

Bring it all together like a spiritual compass.

Each area should confirm and strengthen the others.

- Do my mission, gifts, values, and environment align?
- Do others' affirmations and prophetic words reinforce these?
- Is there harmony—or are there contradictions to resolve with God?

Consider gathering feedback from people you trust—they can reflect God's insight to you. Get each person to answer each question with a paragraph.

Final Encouragement

Destiny discovery is not a one-time task.

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It unfolds over seasons.

Revisit this worksheet often as God brings clarity and maturity.

Keep a destiny journal to track what God is saying and doing. Over time, patterns will emerge that reveal His hand and timing.